The following are board approved Methods of Instruction pursuant to 202 KAR 7:601 Section 14.

- Level 1, 2, or 3 Fire Service Training Instructor
- Kentucky Law Enforcement Council Instructor
- American Heart Association Instructor in:
 - Advanced Cardiac Life Support or,
 - Pediatric Advanced Life Support or,
 - Basic Life Support
- Advanced Burn Life Support Instructor
- American Red Cross Instructor in:
 - Emergency Response
- Advanced Trauma Life Support Instructor
- Basic Trauma Life Support Instructor
- Pre-Hospital Trauma Life Support Instructor
- Trauma Nurse Core Curriculum Instructor
- Emergency Nurse Pediatric Course Instructor
- EMT Basic or Paramedic Instructor from another state
- Duly Authorized State Teachers Certificate
- Bachelor's Degree with a major or minor in education
- Advanced Medical Life Support Instructor